



Health Plan
of San Joaquin

Mountain Valley
Health Plan

When it comes to patient care, HPSJ/MVHP is on your team. We understand that preventive health care is about improving quality of life.

This quick reference guide for newborn - 20 years old is here to help you reach those goals.

| | Newborn | 2-4 days | 1 month | 2 months | 4 months | 6 months | 9 Months | 12 months | 15 months | 18 months | 2 years | 3 years | 4 years | 5 years | 6 years | 7 years | 8 years | 9 years | 10 years | 11 years | 12 years | 13 years | 14 & 15 years | 16 years | 17 years | 18 years | 19 years | 20 years | | |
|--|---------------|---------------|---------------|----------|---------------|----------|----------|-----------|-----------|-----------|---------|---------|---------|---------|---------|---------|---------|---------|----------|----------|----------|----------|---------------|----------|----------|----------|----------|----------|--|--|
| Head Measurement | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hearing | | At all visits | | | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | |
| TB Test | | | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Anemia (Blood Test) | | | | | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | |
| Lead Screening | | | | | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | |
| Oral Health Assessment | | | | | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | |
| Flouride Varnish Application | | | | | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol Screening | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Tobacco, Alcohol, or Drug Use Assessment | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| STD Screening and Education | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Depression Screening | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vision | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Height, Weight, Blood Pressure | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Anticipatory Guidance | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Well Child Visits | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hepatitis B Virus (HBV) Risk Assessment | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Immunizations | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hepatitis B | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Rotavirus | | At all visits | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Diperthia, tetanus, acellular pertussis (Dtap) ≤ 7 yrs | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Haemophilus influenza type B (Hib) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pneumococcal (PCV) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Inactivated Polio Vaccine (IPV) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Influenza (Flu) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hepatitis A | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Varicella (ChickenPox) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Measles, Mumps, Rubella (MMR) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Human Papillomavirus (HPV) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Meningococcal Conjugate | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Tetanus, Diphtheria, Pertussis (Tdap) ≥ 7 yrs | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hepatitis C (HCV) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

At all visits

If there is risk (or if immunization was not given prior)

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Sources: CDC Immunization Schedule Child and Adolescent, Periodicity Schedule, American Academy of Pediatrics; Bright Futures/American Academy of Pediatrics (AAP) Recommendations for Preventive Pediatric Health Care 2022