

MEDICATION COVERAGE POLICY

PHARMACY AND THERAPEUTICS ADVISORY COMMITTEE



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|----------------|----------------|---------------------------------------|---|
| POLICY: | Women's Health | P&T DATE: | 01/12/2024 |
| CLASS: | Endocrine | REVIEW HISTORY (MONTH/YEAR) | 12/22, 12/21, 12/20, 12/19, 12/18, 5/17, 2/17, 2/16 |
| LOB: | Medi-Cal | | |

This policy has been developed through review of medical literature, consideration of medical necessity, generally accepted medical practice standards, and approved by the HPSJ Pharmacy and Therapeutic Advisory Committee.

Effective 1/1/2022, the Pharmacy Benefit is regulated by Medi-Cal Rx. Please visit <https://medi-calrx.dhcs.ca.gov/home/> for portal access, formulary details, pharmacy network information, and updates to the pharmacy benefit.

All medical claims require that an NDC is also submitted with the claim. If a physician administered medication has a specific assigned CPT code, that code must be billed with the correlating NDC. If there is not a specific CPT code available for a physician administered medication, the use of unclassified CPT codes is appropriate when billed with the correlating NDC.

The purpose of this coverage policy is to review the available agents (Table 1) and distinguish where the medications may be billed to. For agents listed for coverage under the medical benefit, this coverage is specific to outpatient coverage only (excludes emergency room and inpatient coverage).

OVERVIEW

This formulary document is intended to explain the HPSJ contraceptive pharmacy benefit. HPSJ covers implantable, injectable, and intrauterine birth control agents.

Preterm birth (PTB), or birth at less than 37 gestational weeks, is the leading cause of neonatal mortality in the United States and is associated with long-term neurological disabilities such as developmental delays and cerebral palsy. Each year, preterm birth affects nearly 500,000 infants – or 1 in every 8 born in the United States.² Major risk factors for preterm birth include history of spontaneous preterm labor and a short cervix (< 25mm) in the mid-trimester.

The Society of Maternal-Fetal Medicine (SMFM) and American Congress of Obstetricians and Gynecologists (ACOG) publish guidelines and practice bulletins that address the major risk factors and role of progesterone and its synthetic derivative in prevention of preterm birth. Progesterone is a steroidal hormone essential for the maintenance of pregnancy—by preventing preterm birth in women with identified risk factors and reducing risks in women with history of recurrent miscarriages.

Historically, progesterone oral capsules are administered as vaginal suppository. This route exhibits a substantially higher concentration of progesterone in the endometrial tissues and is more effective than systemic administration for prevention of preterm labor. Newer formulations include Crinone (progesterone) vaginal gel, progesterone in oil injection, and Makena (hydroxyprogesterone caproate) injection. As of today, Makena is the only drug that is FDA-approved and indicated to reduce the risk of preterm birth.

According to ACOG, The Endocrine Society, and the American Association of Clinical Endocrinologists (AACE), the most effective therapy for vasomotor symptoms is systemic hormone therapy (estrogen with or without progestin), although there is evidence supporting the use of SSRIs, SNRIs, clonidine, and gabapentin. Vaginal symptoms are also best managed with hormone therapy, but topical methods are preferred due to having fewer side effects.³⁻⁵

For a complete list of drugs and contraceptive supplies reimbursed by the Family PACT Program, refer to the Family PACT Pharmacy Formulary on the Medi-Cal Rx website (<https://medi-calrx.dhcs.ca.gov>) and the Clinic Formulary section in this manual: <https://files.medi-cal.ca.gov/pubsdoco/publications/masters-mtp/fpact/benfam.pdf>.

Oral Hormonal Contraceptive Agents:

Table 1: Monophasic Birth Control Agents:

| CPT Code | GCN | Active Ingredients | Available Products | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|--|---|---|---|------------------|---|
| S4993 CONTRACEPTIV E PILLS FOR BIRTH CONTROL | 11534 | Levonorgestrel/ Ethinyl Estradiol (21/7) | Lessina | Yes | Yes |
| | | | Aviane | Yes | Yes |
| | | | Orsythia | Yes | Yes |
| | | | Falmina | Yes | Yes |
| | | | Delyla | Yes | Yes |
| | | | Aubra | Yes | Yes |
| | | | Sronyx | Yes | Yes |
| | | | Lutera | Yes | Yes |
| | | | Larissia | Yes | Yes |
| | | | Vienna | Yes | Yes |
| | | | Levonorgestrel 0.1mg/ Ethinyl Estradiol 20mcg | Yes | Yes |
| | 98551 | Levonorgestrel/Ethinyl Estradiol (28 active) | Amethyst | Yes | Yes |
| | | | Levonorgestrel 0.09mg/ Ethinyl Estradiol 20mcg | Yes | Yes |
| | 11471 | Norethindrone/Ethinyl Estradiol (21/7) | Brevicon | Yes | Yes |
| | | | Necon 0.5/35 | Yes | Yes |
| | | | Modicon | Yes | Yes |
| | | | Nortrel 0.5/35 | Yes | Yes |
| | | | Wera 0.5/35 | Yes | Yes |
| | 11490 | Ethinodiol Diacetate/Ethinyl Estradiol (21/7) | Zovia 1/35E | Yes | Yes |
| | | | Kelnor 1/35 | Yes | Yes |
| | 11530 | Levonorgestrel/ Ethinyl Estradiol (21/7) | Portia | Yes | Yes |
| | | | Levora | Yes | Yes |
| | | | Altavera | Yes | Yes |
| | | | Chateal | Yes | Yes |
| | | | Kurvelo | Yes | Yes |
| | | | Marlissa | Yes | Yes |
| | | | Lillow | Yes | Yes |
| | | | Levonorgestrel 0.15mg/Ethinyl Estradiol 30mcg | Yes | Yes |
| | 20414 | Levonorgestrel 0.15mg/Ethinyl Estradiol 0.03mg (84 active) | Quasense | Yes | Yes |
| | | | Setlakin | Yes | Yes |
| | 11500 | Norgestrel 0.3mg/Ethinyl Estradiol 0.03mg (21/7) | Cryselle | Yes | Yes |
| | | | Low-Ogestrel | Yes | Yes |
| Elinest | | | Yes | Yes | |
| 11480 | Norethindrone/ Ethinyl Estradiol (21 Pack) | Loestrin 1.5/30 | Yes | Yes | |
| | | Junel 1.5/30 | Yes | Yes | |
| | | Microgestin 1.5/30 | Yes | Yes | |
| | | Larin 1.5/30 | Yes | Yes | |

| | | | | |
|-------|--|---|---|------------|
| 68101 | Norethindrone/ Ethinyl Estradiol + Iron (21/7) | Loestrin FE 1.5/30 | Yes | Yes |
| | | Junel FE 1.5/30 | Yes | Yes |
| | | Blisovi FE 1.5/30 | Yes | Yes |
| | | Microgestin FE 1.5/30 | Yes | Yes |
| | | Larin FE 1.5/30 | Yes | Yes |
| 11481 | Norethindrone/ Ethinyl Estradiol (21 Pack) | Loestrin 1/20 | Yes | Yes |
| | | Junel 1/20 | Yes | Yes |
| | | Microgestin 1/20 | Yes | Yes |
| | | Larin 1/20 | Yes | Yes |
| | | Norethindrone 1mg/Ethinyl Estradiol 20mcg | Yes | Yes |
| 68102 | Norethindrone/ Ethinyl Estradiol + Iron (21/7) | Loestrin FE 1/20 | Yes | Yes |
| | | Junel FE 1/20 | Yes | Yes |
| | | Blisovi FE 1/20 | Yes | Yes |
| | | Microgestin FE 1/20 | Yes | Yes |
| | | Larin FE 1/20 | Yes | Yes |
| | | Tarina FE | Yes | Yes |
| | | Norethindrone 1mg/Ethinyl Estradiol 20mcg/Fe 75mg | Yes | Yes |
| 29264 | Norethindrone 1mg/Ethinyl Estradiol 10mcg (24 Pack) | Lo Loestrin Fe | Yes | Yes |
| 26629 | Norethindrone 1mg/Ethinyl Estradiol 20mcg/Fe 75mg | Blisovi 24 FE | Yes | Yes |
| 34725 | Norethindrone 1mg/Ethinyl Estradiol 20mcg (24) + Iron (Chewable) | Minastrin 24 FE | Yes | Yes |
| 26629 | Norethindrone 1mg/Ethinyl Estradiol 20mcg (24) + Iron | Larin 24 FE | Yes | Yes |
| 11300 | Norgestimate/ Ethinyl Estradiol (21/7) | Ortho-Cyclen | Yes | Yes |
| | | Sprintec | Yes | Yes |
| | | Mononessa | Yes | Yes |
| | | Previfem | Yes | Yes |
| | | Estarylla | Yes | Yes |
| | | Mono-linyah | Yes | Yes |
| | | Femynor | Yes | Yes |
| | | Norgestimate 0.25mg/ Ethinyl Estradiol 35mcg | Yes | Yes |
| 11474 | Norethindrone/ Ethinyl Estradiol (21/7) | Ortho Novum 1/35 | Yes | Yes |
| | | Nortrel 1/35 (28) | Yes | Yes |
| | | Nortrel 1/35 (21) | Yes | Yes |
| | | Norinyl 1/35 | Yes | Yes |
| | | Necon 1/35 | Yes | Yes |
| | | Cyclafem 1/35 | Yes | Yes |
| | | Alyacen 1/35 | Yes | Yes |
| | | Dasetta 1/35 | Yes | Yes |
| | | Pirmella 1/35 | Yes | Yes |
| | | 29719 | Norethindrone 0.8mg/ Ethinyl Estradiol 0.035mg (24 Pack) (Chewable) | Kaitlib Fe |

| | | | | | |
|--|-------|--|--|-----|-----|
| | 11470 | Norethindrone 0.4mg/ Ethinyl Estradiol 0.035mg (21/7) | Ovcon-35 | Yes | Yes |
| | | | Balziva | Yes | Yes |
| | | | Zenchant | Yes | Yes |
| | | | Briellyn | Yes | Yes |
| | | | Philith | Yes | Yes |
| | | | Gildagia | Yes | Yes |
| | | | Vyfemla | Yes | Yes |
| | 97167 | Norethindrone 0.4mg/ Ethinyl Estradiol 0.035mg + Iron (21/7) | Femcon Fe (Chew and Swallow) | Yes | Yes |
| | | | Zeosa | Yes | Yes |
| | | | Zenchant Fe | Yes | Yes |
| | | | Wymzya Fe | Yes | Yes |
| | 11501 | Norgestrel/ Ethinyl Estradiol (21/7) | Ogestrel | Yes | Yes |
| | 11461 | Norethindrone/ Mestranol (21/7) | Necon 1/50 | Yes | Yes |
| | 11491 | Ethinodiol diacetate/Ethinyl Estradiol (21/7) | Zovia 1/50E | Yes | Yes |
| | 26737 | Drospirenone 3mg/ Ethinyl Estradiol 20mcg (24 Pack) | Drospirenone 3mg/ Ethinyl Estradiol 20mcg | Yes | Yes |
| | | | Loryna | Yes | Yes |
| | | | Nikki | Yes | Yes |
| | | | Vestura | Yes | Yes |
| | | | Yaz | Yes | Yes |
| | 13083 | Drospirenone 3mg/ Ethinyl Estradiol 30mcg (21/7) | Yasmin | Yes | Yes |
| | | | Ocella | Yes | Yes |
| | | | Syeda | Yes | Yes |
| | | | Zarah | Yes | Yes |
| | | | Drosperinone 3mg /Ethinyl Estradiol 30mcg | Yes | Yes |
| | 29382 | Drospirenone 3mg/Ethinyl Estradiol 0.03mg + Levomefolate calcium (21/7) | Safyral | Yes | Yes |
| | 49528 | Drospirenone 3mg/Estetrol 14.2mg (24/4) | Nextstellis | Yes | Yes |
| | 68811 | Desogestrel 0.15mg/Ethinyl Estradiol 0.03mg (21/7) | Apri | Yes | Yes |
| | | | Cyred | Yes | Yes |
| Desogen | | | Yes | Yes | |
| Reclipsen | | | Yes | Yes | |
| Enskyce | | | Yes | Yes | |
| Emoquette | | | Yes | Yes | |
| Juleber | | | Yes | Yes | |
| Desogestrel 0.15mg/Ethinyl Estradiol 0.03mg | | | Yes | Yes | |

Table 2: Biphasic Birth Control Agents:

| CPT Code | GCN | Active Ingredients | Available Products | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|--------------------------------------|-------|---|--------------------|------------------|---|
| S4993 CONTRACEPTIV E PILLS FOR | 94868 | Desogestrel 0.15mg/ Ethinyl Estradiol (20, 10mcg) (21/2/5) | Kariva | Yes | Yes |
| | | | Mircette | Yes | Yes |
| | | | Bekyree | Yes | Yes |

| | | | | |
|---------------|--|---|-----|-----|
| BIRTH CONTROL | | Kimidess | Yes | Yes |
| | | Azurette | Yes | Yes |
| | | Viorele | Yes | Yes |
| | | Pimtrea | Yes | Yes |
| | | Desogestrel 0.15mg/ Ethinyl Estradiol (20, 10mcg) | Yes | Yes |

Table 3: Triphasic Oral Contraception:

| CPT Code | GCN | Active Ingredients | Available Products | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|---|--|--|--|------------------|---|
| S4993 CONTRACEPTIVE PILLS FOR BIRTH CONTROL | 68105 | Norethindrone/ Ethinyl Estradiol + Iron Triphasic: 0.02mg-1mg (5), 0.03mg-1mg (7), 0.035mg-1mg (9) | Estrostep Fe | Yes | Yes |
| | | | Tilia Fe | Yes | Yes |
| | | | Tri-Legest Fe | Yes | Yes |
| | 11301 | Norgestimate/ Ethinyl Estradiol Triphasic (7/7/7) | Ortho Tri-Cyclen | Yes | Yes |
| | | | Tri-Sprintec | Yes | Yes |
| | | | Tri-Previfem | Yes | Yes |
| | | | Tri-Nessa | Yes | Yes |
| | | | Tri-Linyah | Yes | Yes |
| | | | Tri-Estarylla | Yes | Yes |
| | | | Norgestimate (0.18, 0.215, 0.25mg)/Ethinyl Estradiol 35mcg Triphasic | Yes | Yes |
| | 18126 | Norgestimate/ Ethinyl Estradiol Triphasic (7/7/7) | Ortho Tri-Cyclen Lo | Yes | Yes |
| | | | Trinessa Lo (obsolete 10/11/18) | Yes | Yes |
| | | | Tri-Lo-Marzia | Yes | Yes |
| | | | Tri-Lo-Estarylla | Yes | Yes |
| | | | Tri-Lo-Sprintec | Yes | Yes |
| | | | Norgestimate (0.18, 0.215, 0.25mg) / Ethinyl Estradiol 25mcg Triphasic | Yes | Yes |
| | 11478 | Norethindrone/ Ethinyl Estradiol Triphasic: 0.5mg/1mg/0.5mg-35mcg (7/9/5) | Tri-Norinyl | Yes | Yes |
| | | | Aranelle | Yes | Yes |
| | | | Leena | Yes | Yes |
| | 13094 | Desogestrel/ Ethinyl Estradiol Triphasic: 0.025mg-0.1mg, 0.025mg- 0.125mg, 0.025mg-0.15mg (7/7/7) | Cyclessa | Yes | Yes |
| | | | Velivet | Yes | Yes |
| | | | Caziant | Yes | Yes |
| | 11477 | Norethindrone/ Ethinyl Estradiol Triphasic: 0.035mg-0.5mg, 0.035mg-0.75mg, 0.035mg-1mg | Ortho Novum 7/7/7 | Yes | Yes |
| Nortrel 7/7/7 | | | Yes | Yes | |
| Necon 7/7/7 | | | Yes | Yes | |
| Cyclafem 7/7/7 | | | Yes | Yes | |
| Alyacen 7/7/7 | | | Yes | Yes | |
| Dasetta 7/7/7 | | | Yes | Yes | |
| Pirmella 777 | | | Yes | Yes | |
| 11531 | Levonorgestrel/ Ethinyl Estradiol Triphasic: 0.03mg-0.05mg, 0.04mg-0.075mg, 0.03mg-0.125mg (6/5/10) | Enpresse | Yes | Yes | |
| | | Trivora | Yes | Yes | |
| | | Levonest | Yes | Yes | |
| | | Myzilra | Yes | Yes | |
| | | Levonorgestrel/Ethinyl Estradiol Triphasic | Yes | Yes | |

Table 4: Quadriphasic Oral Contraception:

| CPT Code | GCN | Active Ingredients | Available Products | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|--|-----|---|--------------------|------------------|---|
| S4993 CONTRACEPTIVE PILLS FOR BIRTH CONTROL | -- | Dienogest (2mg, 3mg)/ Estradiol Valerate (3mg, 2mg, 2mg, 1mg) Quadriphasic (2/5/17) | Natazia | Yes | Yes |

Table 5: Progestin Only Pills:

| CPT Code | GCN | Active Ingredients | Available Products | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|--|-------|--------------------|--------------------|------------------|---|
| S4993 CONTRACEPTIVE PILLS FOR BIRTH CONTROL | 11520 | Norethindrone | Camila | Yes | Yes |
| | | | Ortho Micronor | Yes | Yes |
| | | | Nor-QD | Yes | Yes |
| | | | Nora-BE | Yes | Yes |
| | | | Errin | Yes | Yes |
| | | | Heather | Yes | Yes |
| | | | Jencycla | Yes | Yes |
| | | | Jolivette | Yes | Yes |
| | | | Deblitane | Yes | Yes |
| | | | Sharobel | Yes | Yes |
| | | | Lyza | Yes | Yes |
| | | | Norlyroc | Yes | Yes |
| | | | Norlyda | Yes | Yes |
| Norethindrone 0.35mg | Yes | Yes | | | |

Table 6: Barrier Contraceptives:

| CPT Code | Active Ingredients | Available Products | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|---|--------------------|---|------------------|---|
| A4267 CONTRACEPTIVE SUPPLY, CONDOM, MALE, EACH | Condoms, latex | Condoms lubricated | Yes | Yes (PA for facility based) |
| | | Condoms, non-lubricated | Yes | |
| A4268 CONTRACEPTIVE SUPPLY, CONDOM, FEMALE, EACH | Condoms, female | FC2 female condom | Yes | Yes (PA for facility based) |
| A4269 CONTRACEPTIVE SUPPLY, SPERMICIDE (E.G., FOAM, GEL), EACH | Spermicide | Foam, gel, cream, film, suppository, sponge | Yes | Yes (PA for facility based) |
| A4266 DIAPHRAGM FOR CONTRACEPTIVE USE | Diaphragm | Diaphragm | Yes | Yes (PA for facility based) |
| A4261 CERVICAL CAP FOR CONTRACEPTIVE USE | Cervical cap | Cap | Yes | Yes (PA for facility based) |

Table 7: Emergency Contraception:

| CPT Code | GCN | Active Ingredients | Available Products | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|----------|-------|----------------------|----------------------|--------------------------|---|
| -- | 23549 | Levonorgestrel 1.5mg | Aftera | Yes | No |
| -- | | | Econtra EZ | Yes | No |
| -- | | | Fallback SOLO | Yes | No |
| -- | | | My Way | Yes | No |
| -- | | | Next Choice One Dose | Yes | No |
| -- | | | Opcicon One-Step | Yes | No |
| -- | | | Plan B One-Step | Yes | No |
| -- | | | Take Action | Yes | No |
| -- | | | Levonorgestrel 1.5mg | Yes | No |
| -- | | | 27585 | Ulipristal acetate 30 mg | Ella |

Table 8: Alternative Hormonal Contraceptive Agents:

| CPT Code | Generic Name (Brand Name) | Available Strengths | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|---|--|---------------------|------------------|---|
| Intravaginal | | | | |
| J7295 ETHINYL ESTRADIOL AND ETONOGESTREL 0.015 MG, 0.12 MG PER 24 HOURS; MONTHLY VAGINAL RING, EA | Ethinyl Estradiol/Etonogestrel (Nuvaring, EluRyng) | 0.015 mg/ 0.12 mg | Yes | Yes (PA for facility based) |
| J7294 SEGESTERONE ACETATE AND ETHINYL ESTRADIOL 0.15 MG, 0.013 MG PER 24 HOURS; YEARLY VAGINAL SYSTEM, EA | Segesterone acetate/ Ethinyl estradiol (Annovera) | 103 mg/ 17.4 mg | | |
| Intrauterine | | | | |
| J7298 LEVONORGESTREL-RELEASING INTRAUTERINE CONTRACEPTIVE SYSTEM (MIRENA), 52 MG | Levonorgestrel 52mg (20mcg/day) (Mirena) | 52 mg IUD | Yes | Yes (auth not required) |
| J7297 LEVONORGESTREL-RELEASING INTRAUTERINE CONTRACEPTIVE SYSTEM (LILETTA), 52 MG | Levonorgestrel 52mg (18.6mcg/day) (Liletta) | 52 mg IUD | Yes | Yes (auth not required) |
| J7301 LEVONORGESTREL-RELEASING INTRAUTERINE CONTRACEPTIVE SYSTEM (SKYLA), 13.5 MG | Levonorgestrel 13.5mg (14mcg/day) (Skyla) | 13.5 mg IUD | Yes | Yes (auth not required) |
| J7296 LEVONORGESTREL-RELEASING INTRAUTERINE CONTRACEPTIVE SYSTEM, (KYLEENA), 19.5 MG | Levonorgestrel 19.5mg (Kyleena) | 19.5 mg IUD | Yes | Yes (auth not required) |
| J7300 INTRAUTERINE COPPER CONTRACEPTIVE | Copper IUD (Paragard) | -- | Yes | Yes (auth not required) |

| Injectable | | | | |
|--|---|--|--------------|-----------------------------|
| J1050 INJECTION, MEDROXYPROGESTERONE ACETATE, 1 MG | Medroxyprogesterone Acetate DepoProvera, Depo-SubQ Provera) | 150 mg/ml IM syringe/vial, 400 mg/ml IMJ vial, 104 mg/0.65 mL SQ syringe | Yes | Yes (auth not required) |
| Implantable | | | | |
| J7307 ETONOGESTREL (CONTRACEPTIVE) IMPLANT SYSTEM, INCLUDING IMPLANT AND SUPPLIES | Etonogestrel 68mg Implant (Nexplanon) | 68 mg implant | No | Yes (PA for facility based) |
| J7306 LEVONORGESTREL (CONTRACEPTIVE) IMPLANT SYSTEM, INCLUDING IMPLANTS AND SUPPLIES | Levonorgestrel 150mg Implant (Norplant) | 150 mg implant | Discontinued | Discontinued |
| Transdermal | | | | |
| J7304 CONTRACEPTIVE SUPPLY, HORMONE CONTAINING PATCH, EACH | Ethinyl Estradiol/ Norelgestromin (Xulane) | 35 mcg/ 150 mcg patch | Yes | Yes (PA for facility based) |
| | Ethinyl estradiol/ Levonorgestrel (Twirla) | 30 mcg/ 120mcg patch | Yes | Yes (PA for facility based) |

Table 9: Agents for Menopause:

| CPT Code | GCN | Drug Name | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|------------------------|-------|--|------------------|---|
| Estrogen Agents | | | | |
| -- | 69123 | Estradiol 0.05mg-Norethindrone 0.14mg patch (Combipatch) | Yes | No |
| -- | 15567 | Norethindrone 0.5mg-Ethinyl Estradiol 2.5 mcg tablet | Yes | No |
| -- | 92296 | Norethindrone 1mg-Ethinyl Estradiol 5mcg tablet | Yes | No |
| | | Jinteli 1mg-5mcg tablet | Yes | No |
| -- | 19739 | Estrogen, conjugated 0.45mg-Medroxyprogesterone 1.5mg (Prempro) | Yes | No |
| -- | 20769 | Estrogen, conjugated 0.3mg-Medroxyprogesterone 1.5mg (Prempro) | Yes | No |
| -- | 55731 | Estrogen, conjugated 0.625mg-Medroxyprogesterone 2.5mg (Prempro) | Yes | No |
| -- | 55730 | Estrogen, conjugated 0.625mg-Medroxyprogesterone 5mg (Prempro) | Yes | No |
| -- | 55733 | Estrogen, conjugated 0.625mg-Medroxyprogesterone 5mg (Premphase) | Yes | No |
| -- | 10943 | Estrogen, conjugated 0.3mg tablet (Premarin) | Yes | No |
| -- | 19975 | Estrogen, conjugated 0.45mg tablet (Premarin) | Yes | No |
| -- | 10942 | Estrogen, conjugated 0.625mg tablet (Premarin) | Yes | No |
| -- | 10944 | Estrogen, conjugated 0.9mg tablet (Premarin) | Yes | No |
| -- | 10945 | Estrogen, conjugated 1.25mg tablet (Premarin) | Yes | No |
| -- | 28410 | Estrogen, conjugated 0.625mg/gram vaginal cream (Premarin) | Yes | No |
| -- | 11051 | Estrogens (esterified) 0.625mg tablet (Menest) | Yes | No |
| -- | 10772 | Estradiol 0.5mg tablet | Yes | No |

| | | | | |
|---|-------|---|-----------------------------|-------------------------|
| -- | 10770 | Estradiol 1mg tablet | Yes | No |
| -- | 10771 | Estradiol 2mg tablet | Yes | No |
| -- | 28842 | Estradiol 0.025mg patch | Yes | No |
| | | Alora 0.025mg patch | Yes | No |
| -- | 28848 | Estradiol TDS 0.025mg/day patch | Yes | No |
| -- | 20069 | Estradiol TDS 0.0375mg/day patch | Yes | No |
| -- | 28846 | Estradiol 0.0375mg patch | Yes | No |
| | | Minivelle 0.0375mg patch | Yes | No |
| -- | 28840 | Estradiol 0.05mg patch | Yes | No |
| | | Minivelle 0.05mg patch | Yes | No |
| -- | 28845 | Estradiol TDS 0.05mg/day | Yes | No |
| -- | 20068 | Estradiol 0.06mg/day patch | Yes | No |
| -- | 28843 | Estradiol 0.075mg patch | Yes | No |
| | | Minivelle 0.075mg patch | Yes | No |
| -- | 28853 | Estradiol TDS 0.075mg/day patch | Yes | No |
| -- | 28841 | Estradiol 0.1mg patch | Yes | No |
| | | Alora 0.1mg patch | Yes | No |
| | | Minivelle 0.1mg patch | Yes | No |
| | | Vivelle-Dot 0.1mg patch | Yes | No |
| -- | 67170 | Estradiol 0.01% cream | Yes | No |
| | | Estrace 0.01% cream | Yes | No |
| -- | 28844 | Estradiol TDS 0.1mg/day | Yes | No |
| -- | 98723 | Estradiol 1.53mg/spray (Evamist) | Yes | No |
| -- | 28107 | Estradiol 10 mcg vaginal insert | Yes | No |
| | | Yvafem 10 mcg vaginal insert | Yes | No |
| -- | 22606 | Estradiol 1.25 gram/actuation (0.06%) transdermal gel pump (EstroGel) | Yes | No |
| J1000 INJECTION, DEPO- ESTRADIOL CYPIONATE, UP TO 5 MG | 10660 | Estradiol cypionate 5mg/ml IM vial | Yes | Yes (auth not required) |
| J1380 INJECTION, ESTRADIOL VALERATE, UP TO 10 MG | 10692 | Delestrogen 10mg/ml vial | Yes | Yes (auth not required) |
| | 10690 | Estradiol valerate 20mg/ml IM vial | | |
| | | | Delestrogen 20mg/ml IM vial | |
| -- | 20849 | Estradiol 0.045mg-Levonorgestrel 0.015mg/24 hour (Climara Pro Patch) | Yes | No |
| Selective Serotonin Reuptake Inhibitor | | | | |
| -- | 34876 | Paroxetine mesylate 7.5mg capsule (Brisdelle) | Yes | No |
| Selective Estrogen Receptor Modulator (SERM) | | | | |
| -- | 34336 | Ospemifene 60mg tablet (Osphena) | Yes | No |

Table 10: Agents for Abnormal Uterine Bleeding:

| CPT Code | GCN | Drug Name | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|----------|-------|----------------------------------|------------------|---|
| -- | 11261 | Medroxyprogesterone 2.5mg tablet | Yes | No |
| -- | 11262 | Medroxyprogesterone 5mg tablet | Yes | No |
| -- | 11260 | Medroxyprogesterone 10mg tablet | Yes | No |
| -- | 11280 | Norethindrone 5mg tablet | Yes | No |
| -- | 28578 | Tranexamic Acid 650mg tablet | Yes | No |

Table 11: Preterm Birth Prevention Agents:

| CPT Code | Generic Name (Brand Name) | Available Strengths | Pharmacy Benefit | Outpatient Medical Benefit (Restrictions) |
|--|---|--|------------------|---|
| -- | Progesterone (First- Progesterone Vgs) | 100mg suppository 200mg suppository | Yes | No |
| -- | Micronized Progesterone Gel (Crinone) | 4% vaginal gel 8% vaginal gel | Yes | No |
| -- | Micronized Progesterone (Prometrium) | 100mg capsules 200mg capsules | Yes | No |
| J2675 INJECTION, PROGESTERONE, PER 50 MG | Progesterone in Oil | 50mg/ml intramuscular oil | Yes | Yes (auth not required) |
| J1726 INJECTION, HYDROXYPROGESTERONE CAPROATE, (MAKENA), 10 | Hydroxyprogesterone caproate (Makena) | 1250mg/5mL vial 250mg/ml vial 275mg/1.1 ml autoinjector | No | No |
| J1729 INJECTION, HYDROXYPROGESTERONE CAPROATE, NOT OTHERWISE SPECIFIED, 10 MG | | | | No |

PA = Prior Authorization

Clinical Justification:

Table 12: Female Hormones

| Progestins | | | | Estrogens |
|-----------------------------|------------------------------|-----------------------------|---------------------------------|--|
| <u>Testosterone Derived</u> | | | <u>Spirolactone Derived</u> | -- |
| First Generation | Second Generation | Third Generation | Fourth Generation | First Generation |
| Norethindrone | Levonorgestrel | Desogestrel | Drospirenone | Ethinyl Estradiol |
| Ethinodiol Diacetate | Norgestrel | Dienogest | | Mestranol (Ethinyl- Estradiol-Methyl-Ether) |
| | | Norgestimate | | |

Progestins:

Progestins are chemical derivatives of testosterone (with the exception of Drospirenone, which is derived from spironolactone). Each of these agents has varying affinities to estrogen, androgen, and progesterone receptors. These properties result in various side effects seen with each of these progestins. These agents are grouped into “generations” by their chemical structure. First generation tend to have the widest effect on all three receptor types (estrogenic, androgenic, and progestational). Second generation progestins have little to no effect on the estrogen receptor but have large activity towards the progestational and androgen receptors. Third generation progestins, like second generation progestins, have little to no activity towards estrogenic receptors, but tend to have less activity on progestational and androgenic receptors.

Estrogens:

Mestranol is a prodrug of Ethinyl Estradiol with no contraceptive action. This prodrug is converted by the liver at approximately 75% efficiency. This drug exposure is variable from person to person. 50 micrograms of Mestranol is approximately equivalent to 35 micrograms of Ethinyl Estradiol. Necon 1/50 and Norinyl 1/50 are equivalent to Nortrel 1/35 and Cyclofem 1/35.

Monophasic vs. Multiphasic Formulations:

According to the World Health Organization and several Cochrane reviews, there is no evidence that multiphasic birth control agents are safer or more effective than monophasic birth control agents. In theory, multiphasic agents mimic a woman’s natural hormonal cycle more closely. In practice, this provides no clinically relevant benefit. Choice of progesterone agent may be more important due to varying receptor activity, which can affect cycle control and potential side effects.

Prevention of Preterm Birth:

Vaginal progesterone suppositories are recommended for women without a history of spontaneous preterm birth and develops a short cervix (< 25mm) during the mid-trimester. Prometrium, when administered as vaginal suppository, bypasses hepatic first pass effects to exhibit excellent bioavailability and is virtually without systemic side effects. Studies have used up to 400 mg of progesterone per day. Initiation as early as 16 gestational weeks has shown efficacy and safety in reducing the risk of preterm birth and prolonging gestation in high-risk pregnancies. Note that the First Progesterone VGS suppository compounding kit is not FDA approved and not subject to the FDA’s stringent Good Manufacturing Process (GMP). The guideline recommends either progesterone suppository or gel.

On April 6th, 2023 the FDA announced the withdrawal of approval of Makena which was approved under the accelerated approval pathway back in 2011. Effective that day, Makena and its generics are no longer approved and cannot lawfully be distributed in interstate commerce.⁵³ ACOG shortly released a statement on the FDA withdrawal of 17-OHP and no longer recommends its use for the primary prevention of preterm birth in patients with a history of spontaneous preterm birth. They also state that while compounded HPC may remain available, compounded products do not undergo FDA premarket review for safety, effectiveness, or quality.⁵⁴ Therefore, HPSJ will no longer cover Makena.

⊞ EVALUATION CRITERIA FOR APPROVAL/EXCEPTION CONSIDERATION

Below are the coverage criteria and required information for agents with medical benefit restrictions. This coverage criteria has been reviewed and approved by the HPSJ Pharmacy & Therapeutics (P&T) Advisory Committee. For agents that do not have established prior authorization criteria, HPSJ will make the determination based on Medical Necessity criteria as described in HPSJ Medical Review Guidelines (UM06).

| |
|--|
| Progestin |
| <i>Hydroxyprogesterone caproate (Makena)</i> |

- ❑ **Coverage Criteria:** Requests for hydroxyprogesterone caproate will not be approved for the prevention of pre-term delivery due to FDA withdrawal.

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REVIEW & EDIT HISTORY

| Document Changes | Reference | Date | P&T Chairman |
|--------------------|---|---------|-------------------------|
| Creation of Policy | Contraceptives May09_JHP01 draft from MI.doc | 4/2009 | Allen Shek, PharmD |
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| Update to Policy | Formulary Realignment 9-18-12.xlsx | 9/2012 | Allen Shek, PharmD |
| Update to Policy | Oral Contraceptive Formulary Realignment 2-2016_update.docx | 2/2016 | Johnathan Yeh, PharmD |
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Note: All changes are approved by the HPSJ P&T Committee before incorporation into the utilization policy

 Agents used to **promote fertility** are excluded from coverage. This is based on **Title XIX, Social Security Act, Section 1927(d)(2)**.